



EduHound Site Sets



Nutrition

- **USDA's Team Nutrition**

Team Nutrition is an initiative of the USDA Food and Nutrition Service to support the Child Nutrition Programs through training and technical assistance for foodservice, nutrition education for children and their caregivers, and school and community support for healthy eating and physical activity.

<http://www.fns.usda.gov/tn/>

- **NASBE's Center for Safe and Healthy Schools**

Provides guidance and assistance to state and local education policymakers and practitioners while encouraging safe, healthy, and nurturing school environments for all of the nation's children and youth. Also features State-by-State Nutrition Education.

<http://www.nasbe.org/healthyschools/States/Topics.asp?Category=A&Topic=6>

- **Georgia DOE's - School and Community Nutrition Program: Information Portal**

Provides leadership, training and technical assistance, and resources so that local program personnel may deliver quality meals and education that contribute to the nutritional well-being of Georgians and their performance at work and school.

<http://www.doe.k12.ga.us/schools/nutrition/index.asp>

- **Colorado School Nutrition Index Page**

Information, lessons, resources, documents, toolkits, and much more on school nutrition from the Colorado Department of Education School Nutrition.

http://www.cde.state.co.us/index_nutrition.htm

- **Connecticut SDE School Nutrition Information**

Features an extensive list of federal and state school nutrition resources, policies, standards and more.

<http://www.sde.ct.gov/sde/cwp/view.asp?a=2626&q=320676>

- **California Nutrition Network**

The Network seeks to increase Californians' consumption of fruits and vegetables to 5 or more daily servings, increase daily physical activity, and achieve full participation in Federal food assistance programs.

<http://www.dhs.ca.gov/ps/cdic/cpns/network/>

- **Food and Nutrition Information Center**

The Food and Nutrition Information Center (FNIC) at the National Agricultural Library (NAL) has been a leader in food and human nutrition information dissemination since 1971. FNIC's web site provides a directory to credible, accurate, and practical resources for consumers, nutrition and health professionals, educators and government personnel. Visitors can find printable format educational materials, government reports, research papers and more.

<http://www.nal.usda.gov/fnic/>

- **Nutrition Explorations**

Through its network of state and regional dairy councils, NDC is recognized throughout the country as a leader in educating school children. Education materials provided by the Dairy Council include brochures, booklets, curriculum aids, posters and other items designed to teach children about food, nutrition, diet and health.

<http://www.nutritionexplorations.org>

- **Food Guide Pyramid**

The Food Guide Pyramid was designed as an easy way to show the groups of foods that make up a good diet. It also tells you that you need to eat a variety of foods from all five groups and how much of the foods from the different groups you should eat to stay healthy.

http://kidshealth.org/kid/stay_healthy/food/pyramid.html

- **Kidnetic.com**

Kidnetic.com is a healthy eating and active living Web site designed for kids aged 9 - 12 and their families to inspire them to move toward healthier lifestyles. Kidnetic.com is also a resource for health professionals and educators to use when working with patients and students.

<http://www.Kidnetic.com>

- **Food Safety Project**

The goal of the Food Safety Project is to develop educational materials that give the public the tools they need to minimize their risk of foodborne illness.

<http://www.extension.iastate.edu/foodsafety/>

- **Dole 5-A-Day**

An award-winning site that educates kids, parents, and teachers alike about why fruits and vegetables are so good for you.

<http://www.dole5aday.com>

- **LearntoBeHealthy.org**

This online health science learning site is designed to help educators communicate important health concepts to children K-6. The site contains comprehensive lesson plans, interactive games and activities, webquests and more. The goal of the site is to inspire children - and their families - to make healthy choices that will last a lifetime.

<http://www.learntobehealthy.org/>

EduHound Site Sets are concise collections of resources focused on specific topics.

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